

Tompkins Cortland Community College
Master Course Syllabus

Course Discipline and Number: FITN 221
Course Title: Snow Sports Instructor's Course

Year: 2024-2025
Credit Hours: 1

Attendance Policy: *To maintain good grades, regular attendance in class is necessary. Absence from class is considered a serious matter and absence never excuses a student from class work. It is the responsibility of all instructors to distribute reasonable attendance policies in writing during the first week of class. Students are required to comply with the attendance policy set by each of their instructors. Students are not penalized if they are unable to attend classes or participate in exams on particular days because of religious beliefs, in accordance with Chapter 161, Section 224-a of the Education Law of the State of New York. Students who plan to be absent from classroom activity for religious reasons should discuss the absence in advance with their instructors. See college catalog for more information.*

Services for Students with Disabilities: *It is the College's policy to provide, on an individual basis, appropriate academic adjustments for students with disabilities, which may affect their ability to fully participate in program or course activities or to meet course requirements. Students with disabilities should contact the Coordinator of Access and Equity Services, to discuss their particular need for accommodations. All course materials are available in alternate formats upon request.*

Course Description

This course is an introduction to teaching skiing and snowboarding professionally. A certified member of the Professional Ski Instructors of America Association at Greek Peak Snow Sports School, in Virgil, N.Y. teaches the course. Snow sport school policies and procedures and progressions in learning and teaching skiing and snowboarding skills are covered. Additional fee required. Prerequisites: Prior completion or concurrent enrollment in ENGL 099 and RDNG 099 if required by placement testing. 1 Cr. (2 Lab.) Spring semester.

Course Context/Audience

This course is an unrestricted elective.

Basic Skills/Entry Level Expectations

Writing: W1 Student should be taking ENGL 099 (if needed). The course requires very limited writing, e.g., short written responses of a paragraph or less.

Math: M0 Course requires very little or no math.

Reading: R1 Course may be taken concurrently with RDNG 099.

Course Goals

This course will provide the student with the necessary information and training to become an accomplished skier / rider. Successful completion of this course may lead to employment at ski resorts anywhere. Snow Sports School employees are constantly provided ongoing clinics in order to continue learning and to become more effective teachers. The higher skill level, more experienced employees move from instructors to supervisor positions and advance in responsibilities and pay. Learning to work in a for profit leisure delivery system will expose any student in any major to all aspects of the ski industry. The business side of sports is highly attractive, provides jobs, opportunities for meeting people in an environment which attracts millions of visitors and yields the work experiences which will contribute to a meaningful life in other areas as well. People with second languages have an advantage in recreational / learning settings specific to destination user groups such as bus tour groups and special events or assignments.

Course Objectives/Topics

Objective/Topic	# Hours
To provide a safe learning atmosphere for all involved in the course To develop student skills in snow sport activities To train snow sport instructors for enrichment or career based interests To increase student fitness [both the health related and motor skill components of fitness] To study and understand ski area operations To secure a entry level job/position within the ski industry [optional] To understand the professional opportunities for entry and mid-management positions To pursue and successfully obtain PSIA certifications [optional]	30 Hours

General Education Goals - Critical Thinking & Social/Global Awareness

CRITICAL THINKING OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<p>Students will be able to</p> <ul style="list-style-type: none"> ➤ develop meaningful questions to address problems or issues. ➤ gather, interpret, and evaluate relevant sources of information. ➤ reach informed conclusions and solutions. ➤ consider analytically the viewpoints of self and others. 	
SOCIAL/GLOBAL AWARENESS OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<ul style="list-style-type: none"> ➤ Students will begin to understand how their lives are shaped by the complex world in which they live. ➤ Students will understand that their actions have social, economic and environmental consequences. 	

Instructional Methods

Instructional Methods:

Large Group Sessions

Small Task Group Sessions

Individual [one on one] coaching time [on snow and on the chairlift]

Course Topics:

Skier / Rider safety [National Ski Patrol Operations and Snow Sports School Risk Management Policy and Procedure Review]

Revised Spr 14

Ski Resort Operations
 Snow Sports School Procedures
 Skier / Rider Certification Standards and Professional Exam Training
 Guest Services and Special Events
 Adaptive Skier/ Rider Department Operations and Management

Methods of Assessment/Evaluation

Method	% Course Grade
Indoor Sessions [lectures, employee manual review / written test]	10%
Outdoor [on snow] Sessions [teaching methodology and tactics used to instruct skiers / riders]	10%
Indoor Sessions (lectures, employee manual review/written test)	10%
Outdoor (on snow) Sessions (teaching methodology and tactics used to instruct skiers/riders)	10%
On Snow Skills/Demonstrations Exam	10%
Teaching/Presentation/Student Evaluations	10%
On Snow Skills / Demonstrations Exam	10%
Teaching / Presentation / Student Evaluations	10%
Computer Information Retrieval Assignments	10%
Computer Information Retrieval Assignments	10%

Text(s)

Bibliography

www.psia.org
www.aasi.org

Other handout material will be provided along with the course outline, specific to Nordic, Alpine, Snowboard and Adaptive teaching opportunities at ski resorts.

Other Learning Resources

Audiovisual No resources specified
Electronic www.psia.org
Other No resources specified