

Tompkins Cortland Community College

Master Course Syllabus

Course Discipline and Number: FITN 120
Course Title: Archery I

Year: 2024-2025
Credit Hours: 1

Attendance Policy: *To maintain good grades, regular attendance in class is necessary. Absence from class is considered a serious matter and absence never excuses a student from class work. It is the responsibility of all instructors to distribute reasonable attendance policies in writing during the first week of class. Students are required to comply with the attendance policy set by each of their instructors. Students are not penalized if they are unable to attend classes or participate in exams on particular days because of religious beliefs, in accordance with Chapter 161, Section 224-a of the Education Law of the State of New York. Students who plan to be absent from classroom activity for religious reasons should discuss the absence in advance with their instructors. See college catalog for more information.*

Services for Students with Disabilities: *It is the College's policy to provide, on an individual basis, appropriate Academic adjustments for students with disabilities, which may affect their ability to fully participate in program or course activities or to meet course requirements. Students with disabilities should contact the Coordinator of Access and Equity Services, to discuss their particular need for accommodations. All course materials are available in alternate formats upon request.*

Course Description

Students learn the basics of archery with an emphasis on the seven steps of archery, scoring, and the history of archery. Safety will be a major emphasis at all times. Additional fee required. Prerequisites: Prior completion or concurrent enrollment in MATH 090, ENGL 099, and RDNG 099 if required by placement testing. A medical clearance for physical activity is strongly recommended. Rental equipment fee. 1 Cr. (2 Lab.) Fall and spring semesters.

Course Context/Audience

Although there is no prerequisite, a student must be reasonably fit to participate in the weekly lab sessions.

Basic Skills/Entry Level Expectations

Writing: W1 Student should be taking ENGL 099 (if needed). The course requires very limited writing, e.g., short written responses of a paragraph or less.

Math: M1 Taking MATH 090 (if needed) – Course requires limited use of very basic mathematical skills.

Reading: R1 The student should be taking RDNG 099 (if needed). The course requires very limited reading of shorter, pre-college level materials and limited beginning college-level materials that will also be covered extensively in class.

Course Goals

Upon successful completion of this course, students will be able to:

Increase both their archery skills and knowledge of the sport including:

1. Selection and use of archery equipment.
2. Seven steps of archery.
3. History of archery.
4. Scoring and safety procedures.
5. Archery tournament procedures.

Course Objectives/Topics

Objective/Topic	% Course
The student will be able to safely participate in the sport of archery.	50%
The student will be able to identify and use archery equipment.	20%
The student will be able to define terminology related to archery.	10%
The student will be able to demonstrate an appreciation for the history of archery.	10%
The student will be able to demonstrate various scoring techniques used in archery.	10%

General Education Goals - Critical Thinking & Social/Global Awareness

CRITICAL THINKING OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<p>Students will be able to</p> <ul style="list-style-type: none"> ➤ develop meaningful questions to address problems or issues. ➤ gather, interpret, and evaluate relevant sources of information. ➤ reach informed conclusions and solutions. ➤ consider analytically the viewpoints of self and others. 	<p>The method of instruction emphasizes individual analysis and critique of shooting techniques such that the student develops the ability to evaluate his/her results and correct shooting problems.</p>
SOCIAL/GLOBAL AWARENESS OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<ul style="list-style-type: none"> ➤ Students will begin to understand how their lives are shaped by the complex world in which they live. ➤ Students will understand that their actions have social, economic and environmental consequences. 	<p>The student will develop an understanding of safe shooting and the importance of always following the safety guidelines.</p> <p>The student will develop an understanding of the role archery plays in good wildlife management.</p>

Instructional Methods

Appropriate instructional methods/activities include lecture and demonstration, supervised lab experiences, drills for practice and safety and group and individual assistance.

Methods of Assessment/Evaluation

Method	% Course Grade
Participation	45%
Course Binder	10%
Class project/paper	15%
Quizzes (at least 2)	20%
Certification	10%
NOTE: The course instructor, with approval of the program chair, can make changes to evaluation methods.	

Text

Archery Fundamentals (Sports Fundamental Series), Engh, Doug, 1st edition, 2004, Human Kinetics.

Bibliography

Archery Fundamentals (Sports Fundamental Series), Engh, Doug, 1st edition, 2004, Human Kinetics.

Beginners Guide to Traditional Archery, Sorrels, Brian J., 1st edition, 2004, Stackpole Books.

Archery: Steps to Success (Steps to Success Activity Series), Haywood, Kathleen M., Lewis, Catherine F., 2nd edition, 1997, Human Kinetics.

Other Learning Resources

Audiovisual

No resources specified

Electronic

National Archery Association, www.usarchery.org

National Field Archery Association, www.nfaa-archery.org

National Archery Deals, www.shopics.com

Archery Focus, www.archeryfocus.net

The US Archer Magazine, www.usacher.com

The Glade Magazine, www.theglade.co.uk

Junior Olympic Development Program, www.archeryny.com/proline/JOAD.html

NYS Dept. of Environmental Conservation, www.dec.ny.gov

NYS Empire State Games, www.empirestategames.org/summer

Other

No resources specified