

Tompkins Cortland Community College
Master Course Syllabus

Course Discipline and Number: HLTH 207

Year: 2018-2019

Course Title: Drug Studies

Credit Hours: 3

Attendance Policy: *To maintain good grades, regular attendance in class is necessary. Absence from class is considered a serious matter and absence never excuses a student from class work. It is the responsibility of all instructors to distribute reasonable attendance policies in writing during the first week of class. Students are required to comply with the attendance policy set by each of their instructors. Students are not penalized if they are unable to attend classes or participate in exams on particular days because of religious beliefs, in accordance with Chapter 161, Section 224-a of the Education Law of the State of New York. Students who plan to be absent from classroom activity for religious reasons should discuss the absence in advance with their instructors. See college catalog for more information.*

Services for Students with Disabilities: *It is the College's policy to provide, on an individual basis, appropriate academic adjustments for students with disabilities, which may affect their ability to fully participate in program or course activities or to meet course requirements. Students with disabilities should contact the Coordinator of Access and Equity Services, to discuss their particular need for accommodations. All course materials are available in alternate formats upon request.*

Course Description

This course deals with current problems, views, and attitudes concerning psychoactive drugs and their usage. Students explore the effects of drugs on human physiology and interpersonal functioning. They are encouraged to consider their own relationship with chemicals and to evaluate information related to specific subject matter. Prerequisites: ENGL 099 or prior completion or concurrent enrollment in ESL 120, 121, and 122 (or prior completion of ESL 103) if required by placement testing; prior completion or concurrent enrollment in RDNG 116 if required by placement testing. 3 Cr. (3 Lec.) Fall and spring semesters.

Course Context/Audience

This course satisfies an unrestricted elective requirement in most degree programs. It is a required course in the Chemical Dependency Counseling A.A.S. degree programs. Students learn fundamental information which they will use to develop competencies in advanced level courses in Chemical Dependency Counseling. It is a prerequisite for the advanced courses in the Chemical Dependency Counseling program.

Basic Skills/Entry Level Expectations

Writing: W2 Student should have completed ENGL 100; ENGL 099 (if needed). The course requires short written responses and/or short papers without documentation, particularly personal reflection or narrative.

Math: M0 Course requires very little or no math.

Reading: R3 Course may be taken concurrently with RDNG 116.

Course Goals

By successfully completing this course, students will

1. Learn about the major drug classes and their effects.
2. Develop an understanding of the social, legal, economic, and cultural impact of drug use in society.
3. Learn about assessment and treatment of drug related problems.

Course Objectives/Topics

Objective/Topic	% Course
Students will be able to describe short & long term effects that various drugs have on the body.	15%
Students will be able to discuss the physiological, psychological and social impact that various drugs have on the individual, significant others, and society.	15%
Students will be able to distinguish between social chemical use, abuse, and addiction to substances addressed in this course	15%
Students will be able to identify the signs and symptoms of chemical addiction.	15%
Students will be able to enumerate on the major drug classes including methods for the classification of substances.	15%
Students will be able to identify routes of administration, absorption, metabolism, and elimination for each of the substances addressed in class.	15%
Students will be able to develop insight into their own chemical use through an awareness of personal and professional responsibilities surrounding alcohol and other drug use.	10%

General Education Goals - Critical Thinking & Social/Global Awareness

CRITICAL THINKING OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<p>Students will be able to</p> <ul style="list-style-type: none"> ➤ develop meaningful questions to address problems or issues. ➤ gather, interpret, and evaluate relevant sources of information. ➤ reach informed conclusions and solutions. ➤ consider analytically the viewpoints of self and others. 	<p>The course covers the major classes of psychoactive drugs and challenges students to apply new learning in personal and professional contexts.</p> <p>The course requires students to engage in research in order to complete written assignments and a final research project.</p> <p>The course teaches students to utilize theory and evidence based on contemporary research to make informed decisions regarding psychoactive substance use.</p> <p>The course encourages social engagement during in class discussion and facilitates opportunities to explore multiple perspectives.</p>
SOCIAL/GLOBAL AWARENESS OUTCOMES	HOW DOES THE COURSE ADDRESS THE OUTCOMES (Include required or recommended instructional resources, strategies, learning activities, assignments, etc., that must or could be used to address the goal/outcomes)
<ul style="list-style-type: none"> ➤ Students will begin to understand how their lives are shaped by the complex world in which they live. ➤ Students will understand that their actions have social, economic and environmental consequences. 	<p>The course promotes an examination of self in relation to chemical use and assists in understanding a broader context of family, community, and society.</p> <p>The course encourages students to explore their own relationship with psychoactive substances and the consequences of the use/abuse of psychoactive substances</p> <p>The course introduces students to the economic implications of substance use/abuse, prevention, and treatment</p> <p>The course introduces students to the broader consequences of substance abuse (i.e., secondhand smoking, infectious disease, use of toxic herbicides).</p>

Instructional Methods

This course should be taught utilizing lecture, guest speakers, video presentations, and outside resources. Students should be encouraged to access supplemental materials, i.e., reserve materials, CD ROMs that accompany text resources, etc., to enhance their learning experience. Because the course is experiential, the instructor should facilitate small group experiences and cooperative learning in the classroom.

Methods of Assessment/Evaluation

Method	% Course Grade
Exams	35%
Final Project	25%
Class Participation	20%
Written assignments	20%

Text(s)

Uppers, Downers, All Arounders, Inaba, et al., 7 th Edition, © 2011 CNS Publications

Bibliography

Addiction: From Biology to Drug Policy. Goldstein, A. 2nd edition. © 2001: Oxford University Press.

Drugs of Abuse. Wills, S. 2nd ed. © 2005. Pharmaceutical Press.

Drugs, Society, and Human Behavior. Ray, O. and Ksir, C., 15th ed. © 2012: Times Mirror/Mosby.

Drug Use and Abuse. Maisto, S. and G. Connors. 7th edition. © 2014: Holt, Rinehart and Winston.

Loosening The Grip: A Handbook of Alcohol Information. Kinney, J. and G. Leaton, 10th edition, © 2011: Times Mirror/Mosby.

Other Learning Resources

Audiovisual

Addiction (HBO)
Addicted
Addiction and Mental Illness
Altered States: A History of Drug Use in America
American Addict
Ecstasy: Happiness In A Pill
The Meth Epidemic
National Geographic Inside America: Bath Salts
Know the Dangers of Performance Enhancing Drugs
The Union
World's Most Dangerous Drug

Electronic

<http://www.niaaa.nih.gov>
www.nida.nih.gov
www.drugfree.org
www.justice.gov/dea/pubs/abuse/chart.htm
www.samhsa.gov

Other

No resources specified